



Capoeira Angola

workshops and open roda with



Mestre Jurandir



Mestre Jurandir has dedicated the last 32 years of his life to the cause and promotion of Capoeira Angola. He was one of the pioneers of the Group of Capoeira Angola Pelourinho (G.C.A.P.), which played a prominent role in the present revival of the art form. In 1990, he started the N'GOLO Angola group in Minas Gerais, Brazil, which is presently affiliated with the International Capoeira Angola Foundation (I.C.A.F.), of which he is the President. Mestre Jurandir presently travels back and forth between the United States and Brazil to supervise and support the development of the foundation's various Groups and to implement social and community projects and international events.

Workshop Program:

- *Friday November 21st @ The Hawaiian Sanctuary
6:00-9:00 Introduction to Capoeira Angola Music, Movement & Roda: the game of Capoeira Angola
- *Saturday November 22nd @ The UH Hilo old gym
2:00 - 3:30 Introduction to the movement, & music of Capoeira Angola.
4:00-5:00 Roda
- *Sunday November 23rd @ The UH Hilo old gym
10:00-12:00 Movement Class
12:00-1:00 Video
1:00-2:00 Discussion
- *Monday November 24th @ The Hawaiian Sanctuary
5:00-6:00 Tour of Hawaiian Sanctuary sustainable agriculture with Sky Makai.
6:00-9:00 Capoeira Angola Music & Movement workshop followed by closing roda.

**Hilo Classes Free for UH Hilo Students!!!*



Directions:

The 4 Day workshop price is \$50.00 before November 14th or \$15.00 per day.

UH Hilo old gym: Take Kawilil st. to Kapiolani, turn right go 1/2 way then turn left into parking lot.

The Hawaiian Sanctuary: Take Hwy 130 passed Pahoa from Hilo and turn right @ mile marker 12, stay right.

FICA Hawaii study group hosting Mestre Jurandir, meet regularly. Inquire for details.

For more info. contact Joe @ Hoff_joe@yahoo.com or 965-6306

UH Hilo workshops sponsored by UHHSA BICA

For disability accommodation contact Hedi Veilleux at 933-3209

